



Manaccan Primary School Newsletter
March 2026



Head of School: This Month at Manacchan Primary School



Welcome to March's edition of our Book Creator newsletter.

As we step fully into the brighter days of Spring (fingers crossed!), even as the spring term itself draws to a close, there's a wonderful sense of energy across the school. This term has been rich with experiences that have taken learning far beyond the classroom. From inspiring trips to the Eden Project, hands-on workshops, the unforgettable Space Dome and the joy of The Big Sing, to celebrating St Piran's Day and of course marking our school's 130th anniversary, pupils have been immersed in opportunities that spark curiosity, bring learning to life and create a real sense of belonging.

Balancing these exciting, enriching experiences with a clear and coherent curriculum is an ongoing priority for us. We remain committed to ensuring that every trip, event, and activity meaningfully supports children's understanding, progress, love of learning and their personal development.

We were also truly delighted to welcome so many parents, carers, and members of the wider community to join us throughout the term. Your presence at our events - and even more importantly, at class assemblies, open afternoons, and parents' evenings - makes such a difference and continues to foster such a special collaboration between school and our families. Thank you for your continued support, partnership, and enthusiasm.

However you may be spending the Easter break, I wish you warm sunshine and quality family time over the coming two weeks. We look forward to welcoming the children back on Monday 20th April 2026.

Warm regards,

Mrs Hancock

Shining Stars - This Week's Certificate Winners

A huge well done to this week's certificate winners, who have shown our school values and been role-models to others! We are so proud of you!



House Points

All of our children belong to a school 'house': Ammos (meaning 'sand'), Astron (meaning 'star') and Zali (meaning 'swim'). Each week, the children earn house points for showing our school values, working hard and showing brilliant presentation in their learning. We now record these points digitally and share the weekly totals and overall running totals in our newsletters. The total points for this half term are as follows - congratulations to **ASTRON!**



AMMOS

SAND

291



ASTRON

STAR

326



ZALI

SWIM

271

Gillan Class



We've had a great month! The children have been busy exploring lots of exciting learning across the curriculum.

In History, we've been learning about the Great Fire of London, exploring what happened that day and how it changed the city forever. We shared our learning with others in our class assembly, showcasing all we've discovered this term.

In RE, we've been celebrating Easter, learning about the Easter story and traditions. We had our own Easter egg hunt and got creative painting our own eggs and decorating biscuits.

In PSHE, we've been focusing on rights and respect, learning how to take care of ourselves and others. It's been a great opportunity to think about how we can make a positive impact.

In DT, we have investigated free-standing structures, designing and building our own paper chairs for the Tiger Who Came to Tea, thinking carefully about strength and stability.

In Music, the class learned how to read and play rhythms and pitch from a staff, and they proudly showcased their skills in our class assembly.

In Science, the EYFS children learned about health and safety and explored how simple machines work, while KS1 children focused on animals including humans, discovering how they grow and change over time.

It has been a wonderful term full of creativity, curiosity, and confidence!



St Anthony Class

In St Anthony this half term, we have been looking at the factors which impact plant growth. Factors include the number of seeds placed inside a pot, using fertiliser vs no fertiliser and growing plants with limited light. Year 5 and 6 have investigated the role seed dispersal and bees play in plant reproduction. In History, we have learned about the Anglo Saxons and the impact they have had on Britain. We looked into the reasons why they landed and argued if their arrival could be classed as an invasion. We looked at the link between the places where the Saxons landed and the names these places were given whilst also investigating the Scots. The class have enjoyed their DT Sports sessions where they have learned all about playing handball. We have enjoyed many exciting trips this half term. Going to Eden to see the work they are doing around Climate Change, creating prints at CAST and also trips to the Hall for Cornwall to sing were particular highlights. [Congratulations](#) to all the children who have taken part in all sports representation this half term including those who took part in the recent cross-country event. All of the adults in St Anthony would like to wish you a wonderful Easter holiday.



French Culture Afternoon



St Anthony enjoyed a wonderful French Culture Afternoon with Mrs Wilson to launch their language learning this term.

The children explored traditional French foods, played classic French games and even created their own presentations about different aspects of French culture to share with the class. It was a fantastic way to immerse themselves before beginning their French lessons.

A big thank you to Mrs Wilson for organising such an engaging and inspiring event!

Pupil Parliament - MP Visit



We were pleased to welcome Andrew George MP to Manacchan on 2nd March. Members of our Pupil Parliament and our various working parties/committees had the opportunity to learn more about the role of an MP, how local government works and the importance of democracy in our community. The children asked thoughtful questions and it was fantastic to see their curiosity, confidence and commitment to understanding how decisions are made that affect our lives. We were incredibly proud of how engaged and articulate the children were throughout.



The Big Sing with Will Keating



This month, our pupils were fortunate to take part in *The Big Sing* with Will Keating. Will visited the school to lead a whole-school singing workshop, where children learnt a wonderful selection of Cornish songs and sea shanties. Following the workshop, we travelled to the Hall for Cornwall in Truro to join 1,000 other pupils from across the county for a spectacular mass-singing event in celebration of St Piran's Day. The children and staff had a fantastic time and loved being part of such a memorable occasion.

We would like to say a huge thank you to Will for working with us, and to the PTA for organising our involvement in *The Big Sing* this year.

St Piran's Day & 130th Anniversary

What an amazing day we had on 5th March, celebrating St Piran's Day and marking 130 years of Manacchan Primary School! A HUGE thank you to Liz and the Aggie Folk Band for the maypole dancing, to all of the community members who contributed to the Memories of Manacchan display and raffle prizes, to the Parish Council for donating the commemorative mugs, to our brilliant PTA for organising the events and to the staff team, children and everyone who was able to join us and make the day so special. What an amazing school community!



World Book Day



World Book Day Celebrations this year were FANTASTIC! Look at those costumes!



FIRST LEGO League



Our Year 5/6 team, *The Manaccanites*, entered the FIRST LEGO League for the very first time this year at RNAS Culdrose — and what a debut they made!

The team demonstrated impressive creativity, determination and teamwork throughout the competition, and their positive attitude did not go unnoticed. The judges praised them for their collaborative spirit and innovative thinking, and we are incredibly proud to share that *The Manaccanites* were awarded the **Breakthrough Team Award** for their efforts. A huge well done to the whole team for representing our school so brilliantly.

We would also like to extend a big thank you to the PTA for part-funding our entry fee and kit, helping make this exciting opportunity possible.

Space Dome

This month, our KS2 children visited St Keverne Primary School to take part in an exciting Space Dome experience.

Once inside the 360-degree projection dome, the children were taken on an immersive journey through Space. They explored the surfaces of different planets, viewed the sun and moon up close, and discovered a range of constellations. Guided expertly by Simon from *Space Odyssey*, the session brought their learning to life in a truly memorable way.

Many of our pupils left feeling inspired — with lots of excitement about watching the rocket launch on Wednesday 1st April 2026!

A huge thank you to the PTA for funding this fantastic opportunity, and to St Keverne Primary School for hosting us.



CAST



On Friday 27th March, our KS2 children were delighted to join Lucy at CAST in Helston for a print-making workshop.

During the session, pupils developed their observational skills by sketching local townscapes before etching their designs onto Perspex. They then used their etched plates to create a series of unique prints, discovering more about the artistic process along the way. The workshop encouraged creativity, resilience and perseverance, and the children were incredibly proud of the artwork they produced.

Songfest 2026

We were delighted to take part in Songfest 2026 this week.

Children from Year 2 to Year 6 joined more than 600 pupils from across Cornwall to learn a collection of uplifting songs and perform them at the Hall for Cornwall alongside a live band. The event was made even more special with a fantastic performance from the Cornwall Youth Choir.

A huge thank you to ASONE and Cornwall Music Trust for organising such an inspiring musical experience, and to our staff and parent helpers for making our participation possible.



Easter Egg Hunt

We rounded off the term yesterday with a whole-school Easter Egg Hunt — and what a joyful way to end the week!

Children searched high and low around the school grounds, working together to spot the hidden clues and uncover Easter surprises. There was plenty of excitement (and a few happy squeals!) as each child discovered their treats.

A huge thank you to the PTA for providing the special Easter rewards and helping to make the afternoon such a memorable celebration for everyone.



Diary Dates: April 2026

- Friday 3rd to Sunday 19th April - Easter Holidays
- Monday 20th April - First day of Summer Term
- Monday 27th April - Class and Year 6 Photos
- Tuesday 28th April - Royal Cornwall Roadshow visit in school
- Wednesday 29th April - Lizard Cluster Handball Tournament



We are incredibly lucky to be so well supported by our brilliant PTA. Please see below for their updates:

Manaccan PTA kicked off Spring Term 2 with a fantastic 'Shrove Tuesday' event, where children enjoyed free pancakes with a variety of delicious toppings, followed by lively house team pancake races.

The following week marked a very special milestone—celebrating 130 years of Manaccan Primary School. It was a real treat to welcome Liz Millward (the Ceilidh Concertina Maypole Lady), who led Maypole dancing for both classes, made even more memorable with wonderful live music from the Aggie Folk Band. The children looked incredibly smart; special thanks go to Fiona for providing the Cornish tartan, and to Hayley for making all the ties and sourcing the headdresses.

It was heartwarming to see past pupils and members of the local community join us. Many shared how much they enjoyed the event, particularly the beautifully curated 'Memories of Manaccan School' display put together by Vikkie. We were also fortunate to have some fantastic raffle prizes—thank you to everyone who donated and supported this. The event raised £82.88.

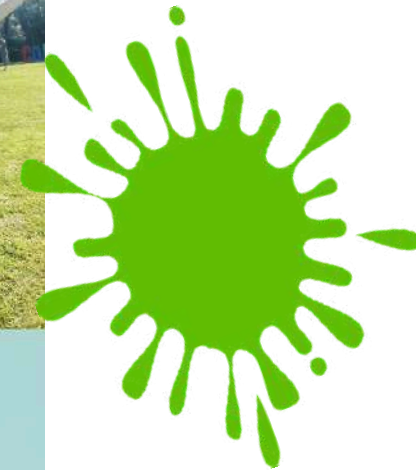
The following weekend, the PTA hosted a coffee morning, offering another opportunity to view the historical photos. We are incredibly grateful for the continued support from school staff, especially as many events take place outside school hours and at weekends. This event raised £62.53. Our Easter photoshoot, run by Alicia Coombe Photography, was very well supported and raised £120, with families delighted with their photos.

In between these events, the PTA also held Wonka Bar sales to celebrate World Book Day, raising £36.50 and generating plenty of excitement among the children.

The PTA would like to extend a huge thank you to all parents and carers for their ongoing support. We are now looking ahead to the Colour Run on Thursday 14th May and would love volunteers to help with setting up beforehand, as well as throwing coloured paint, running the BBQ, and donating cakes. Please do get in touch if you can help in any way at all—and spread the word to friends at other schools, as we hope to make this year's event even bigger and better!

Notices & Reminders

Any third party activity undertaken based upon information displayed in this newsletter is strictly at your own personal risk. Manaccan Primary School is not liable for any losses, injury and/or damages incurred as a result of such third party activity.



THURSDAY 14TH MAY 2026



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EASTER HOLIDAY ACTIVITY SCHEDULE

APRIL 2026

Sat 4th	Comic-Con
Tues 7th	Multi Sport Activity Camp
Wed 8th	Multi Sport Activity Camp
Thurs 9th	Bushcraft at Truro PREP Drama 2 Day Camp
Fri 10th	Drama 2 Day Camp Bounce Park
Mon 13th	Multi Sport Activity Camp
Tue 14th	Multi Sport Activity Camp,
Wed 15th	Multi Sport Activity Camp
Thur 16th	Multi Sport Activity Camp Space
Fri 17th	Bounce Park

SIR BEN AINSLIE SPORTS CENTRE

www.sirbenainsliesportscentre.com

FUTURE STARS
COACHING

EASTER CRICKET CAMP

Batting, Bowling, Fielding, Games & Challenges
For ages 8 - 11 years
All abilities welcome
14, 15, 16 April 2026
9am - 3pm
• Helston Cricket Club

£25/day | FREE for children on free school meals
Book 1, 2, or all 3 days

Bring: Sports kit, trainers, lunch, water bottle, suncream & hat
Lunch provided if eligible for free school meals.

For any enquiries - tom.excell@futurestarscoaching.co.uk

AVAILABLE TO BOOK NOW



BOOK FREE PLACES
(Eligible for children on free school meals)



BOOK CHILD PLACE
(£25 per day)

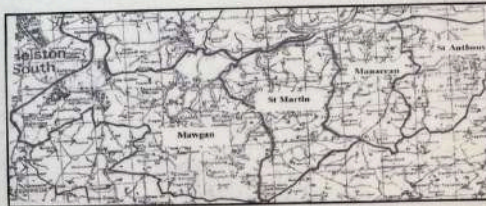


@future.stars.westcornwall

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EXPLORE THE MEDIEVAL CHURCHES OF THE MENEAGE ON THE LIZARD PENINSULA



EASTER MONDAY, 6th APRIL

Churches open 10am-5pm*

Refreshments available

Guided tours and self-guided tours

Walks and gardens nearby

Dogs on leads welcome



MANACCAN TR12 6HN



ST MAWGAN TR12 6AD

In aid of the
Cornwall Historic
Churches Trust



ST ANTHONY TR12 6JW



*ST MARTIN TR12 6BT 10am-2pm

• VISIT TO •

The Bird of Prey Centre



**Saturday May 2, 2026
from 11am to 3pm**

Winnards Perch, St Columb Major TR9 6DH

**For families affected
by terminal illness**

Join us for a special in-person outing at The Bird of Prey Centre designed just for families coping with terminal illness. It's a relaxed, fun day to connect, learn about the birds, and enjoy some time together in nature. Bring the whole family and experience the wonder of these incredible birds up close in a supportive, friendly atmosphere.

Scan the QR
code for more
information



 **gunners kids**

Web: gunnerskids.org

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Sponsored by:



The brightest fun
run for everyone!

Saturday 20 June 2026 at
RAF St Mawgan, Newquay

Sign up today chsw.org.uk/rainbow

rainbow
RUN

Registered Charity
No. 1003314

Attendance

IMPORTANT CHANGES TO THE LAW REGARDING PENALTY NOTICES FOR UNAUTHORISED ABSENCE FROM SCHOOL

As of 19th August 2024, the government's new National Framework for Penalty Notices for School Absence (including unauthorised holidays) comes into effect.

This affects when penalty notices are issued in Cornwall

There is a new national threshold of 10 unauthorised sessions for any reason (equivalent to 5 school days) within a rolling 10 school week period

A parent will no longer be able to take their child out of school for one week's holiday without a potential penalty notice being issued.

There is an increase in the penalty fine from £60 to £80 if paid in 21 days. If the fine is not paid by the first 21 days, it will rise to £160, if paid within 28 days of being issued.

If a second penalty fine is issued to the same parent for the same child within a 3-year rolling period, the fine will automatically rise to £160 with no option to pay the lower rate of £80.

If a parent commits a third offence in a 3-year rolling period, the local authority will consider other enforcement options available. This may include prosecution for the offence of failing to ensure your child's regular attendance.

Reporting Absences

If your child is going to be absent from school due to illness, please inform the office by 9am in the morning. Please let us know why your child is going to be absent and when you expect them to return. You may either phone the office on 01326231431 and leave a message.

Alternatively you can send an email to hello@manaccan.org

THIS MONTH'S ATTENDANCE

OUR TARGET IS 96%

GILLAN: 97.5%

ST ANTHONY: 96.1%

WHOLE SCHOOL: 96.41%

School Start Time

A gentle reminder that the school day starts at 08:45am. The main gate opens at 08:30am each morning, with classrooms opening at 08:35am. The gate is closed at 08:45am. Children who arrive after 08:45am will be marked as late, persistent lateness will be monitored.

Attendance

Attendance Ladder



Attendance Guidance

Here at Manaccan Primary School, we recognise that there are occasions when it is appropriate to authorise an absence, such as when a pupil is genuinely too ill to attend school, has a medical appointment that cannot be taken out of school hours or a request for leave has been agreed in exceptional circumstances. However, the Government does not support parents taking children out of school unless the school agrees this is appropriate under 'exceptional circumstances'. Any request for leave should be made in writing to the Head of School using the school's request form. Please note - at Manaccan Primary School we are not able to authorise holidays as this is not deemed to be an 'exceptional circumstance'.

If your child is absent from school without authorisation, you will be committing an offence under the Education Act 1996. We may submit a request to Cornwall Council for a Penalty Notice to be issued, in accordance with Sections 444A and 444B of the said Act. Penalty Notices are issued per liable parent, per child and each carry a fine of £80 if paid within 21 days or £160 if paid after this but within 28 days. If your child is further absent from school without authorisation within any 3-year period, you will be committing a further offence under the Education Act 1996. We may submit a request to Cornwall Council for a Penalty Notice to be issued, in accordance with Sections 444A and 444B of the said Act. Penalty Notices for a second offence are issued per liable parent, per child and each carry a fine of £160, payable within 28 days. Importantly, fines per parent will be capped to two fines within any three-year period. Once this limit has been reached, other action such as a parenting order or prosecution will be considered. Failure to pay the Penalty Notice may also result in legal action. If you are prosecuted and attend court because your child has not been attending school, you could get a fine of up to £2,500. Cornwall Council may also apply for the costs incurred in taking the matter to Court, including legal costs. Absence not authorised by the school may also result in a prosecution in the Magistrates' Court under Section 444(1) or Section 444(1A) of the Education Act 1996, leading to a fine of up to £2,500 and/or a custodial sentence. Again, Cornwall Council may also apply for the costs incurred in taking the matter to Court, including legal costs. Money raised from fines is only used by the local authority to cover the costs of administering the system, and to fund attendance support. Any extra money is returned to the government.

The School Day

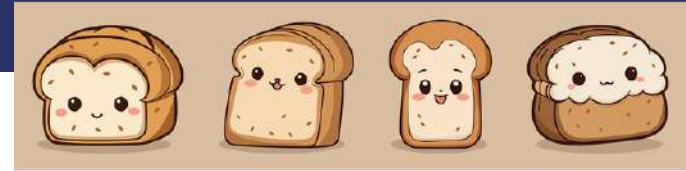


A polite reminder of the timings of the school day, that are now in place.

Please see below for a summary of changes:

WHEN?	WHAT?	FURTHER INFORMATION
07:35 – 08:35	*NEW* Breakfast Club	See separate letter.
08:30 – 08:35	Non-breakfast club attendees - parents/carers and children may wait in the playground for classrooms to open.	
08:35	Classrooms open for children to enter.	Children can arrive any time from 08:35 to 08:45 and will be marked 'present'.
08:45	Registration closes & playground gate closes.	Any child arriving after this to enter through top gate and sign in please.
15:10	Playground gate opens for parents/carers to wait in the playground.	
15:15	Children released to parents/carers from classrooms.	

Breakfast Club



Following parent/carer feedback, we will continue with our trial of Breakfast Club into the Summer Term. Please find the details below:

Days and Times: Monday to Friday, 7:35am – 8:35am

Location: Entrance via the playground gate and into the hall through the hall door

Cost: £5.50 per hour session (includes a light breakfast snack such as toast or cereal)

Booking:


- All bookings will be made via ParentPay.
- Booking payment items will be added to your ParentPay account for advance payment please.
- If you experience any issues with your ParentPay account, please contact the school office where Mrs Howard and Mrs Thomas will be happy to support you.
- Bookings for the following week must be made by Wednesdays at 3:00pm.
- Unless there is an unavoidable emergency, no bookings will be accepted after this deadline.

New Lunch Menu - Week 1

Our new lunch menu is now published on ParentPay. We will also be in touch closer to the time regarding special theme days throughout the term.


FOOD FESTIVAL
by Aisling






WEEK 1
Spring/Summer 2026
13/04/26, 04/05/26, 25/05/26,
15/06/26, 06/07/26, 27/07/26,
17/08/26, 07/09/26, 28/09/26,
19/10/26




LUNCHTIME

PRIMARY
TRADITIONAL



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>MAIN EVENT</p>	Macaroni Cheese C	Homemade Sausage Roll with Wholegrain Rice Salad C	Roast Chicken, Stuffing, Skin on Roasties and Gravy C	Cornish Pasty Pie with Wedges B	Golden Fish Fingers or Salmon Fingers and Chips B
 <p>MEAT-FREE MAGIC <small>Veggie Dish</small></p>	Cheese, Ham or Tuna Baguette A	Cheese, Ham or Tuna Baguette A	Cheese, Ham or Tuna Baguette A	Cheese, Ham or Tuna Baguette A	Cheesy Bean Wrap and Chips B
 <p>RAINBOW ALLEY <small>Vegetables and salads</small></p>	Vegetable Sticks	Mixed Salad	Carrots and Peas	Mixed Greens	Baked Beans and Peas
 <p>BIG TOPPING <small>Filled Jackets</small></p>	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B
 <p>DESSERT TROLLEY</p>	Cornish Hewa Cake B	Peach Upside Down Cake and Custard B	Strawberry Jelly A	Chocolate Cinnamon Cake C	Banana Cookies B

What impact has your meal had on planet Earth today?



AVAILABLE DAILY

DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT

PASTA TWIRLER


TOPPED PASTA
HOT PASTA TOPPED WITH HOMEMADE TOMATO SAUCE & CHEESE C

New Lunch Menu - Week 2

Our new lunch menu is now published on ParentPay. We will also be in touch closer to the time regarding special theme days throughout the term.


FOOD FESTIVAL
By Aspire









WEEK 2
Spring/Summer 2026
20/04/26, 11/05/26, 01/06/26,
22/06/26, 13/07/26, 03/08/26,
24/08/26, 14/09/26, 05/10/26



LUNCHTIME

PRIMARY
TRADITIONAL




	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>MAIN EVENT</p>	Cheese and Tomato Pizza Slice with Wedges B	Bangers and Mash C	Roast Gammon, Skin on Roasties and Gravy C	Beef Whole Grain Pasta Bolognese B	Golden Fish Fingers and Chips B
 <p>MEAT-FREE MAGIC <small>Veggie Dish</small></p>	Cheese, Ham or Tuna Baguette A	Cheese, Ham or Tuna Baguette A	Cheese, Ham or Tuna Baguette A	Cheese, Ham or Tuna Baguette A	Cheesy Bean Wrap and Chips B
 <p>RAINBOW ALLEY <small>Vegetables and Salads</small></p>	Vegetables Sticks	Green Beans and Sweetcorn	Carrots and Cabbage	Mixed Salad	Baked Beans and Peas
 <p>BIG TOPPING <small>Filled Jackets</small></p>	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B
 <p>DESSERT TROLLEY</p>	Cornish Fairing Biscuits B	Apple Sponge and Custard B	Orange Jelly A	Oaty Peach Crumble Slice B	Chocolate Krispie Date Squares B
 <p>What impact has your meal had on planet Earth today?</p> <div style="display: flex; justify-content: space-around; font-size: 0.7em;"> A B C D E </div> <p style="font-size: 0.6em;">Very Low Low Medium High Very High</p>	<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;">  <p>DAILY BAGUETTES AVAILABLE</p> </div> <div style="text-align: center;"> <p>AVAILABLE DAILY</p> <p>DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT</p> </div> <div style="text-align: center;">  <p>PASTA TWIRLER <small>AVAILABLE EVERY DAY</small></p> </div> </div> <div style="text-align: right; margin-top: 10px;"> <p>TOPPED PASTA HOT PASTA TOPPED WITH HOMEMADE TOMATO SAUCE & CHEESE C</p> </div>				

New Lunch Menu - Week 3

Our new lunch menu is now published on ParentPay. We will also be in touch closer to the time regarding special theme days throughout the term.


FOOD FESTIVAL
#7 Autumn

WEEK 3
Spring/Summer 2026
27/04/26, 18/05/26, 08/06/26,
29/06/26, 20/07/26, 10/08/26,
31/08/26, 21/09/26, 12/10/26




LUNCHTIME

PRIMARY TRADITIONAL



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THE MAIN EVENT <small>Vegetables and Salads</small>	Cheese and Tomato Pizza Slice with Wedges B	Creamy Chicken Meatballs and Rice C	Roast Pork, Skin on Roasties and Gravy C	Minced Beef Pie with Mash D	Golden Fish Fingers and Chips B
MEAT-FREE MAGIC <small>Veggie Dish</small>	Cheese, Ham or Tuna Baguette A	Cheese, Ham or Tuna Baguette A	Cheese, Ham or Tuna Baguette A	Cheese, Ham or Tuna Baguette A	Cheesy Bean Wrap and Chips B
RAINBOW ALLEY <small>Vegetables and Salads</small>	Vegetable Sticks	Sweetcorn and Cabbage	Carrots and Green Beans	Mixed Greens	Baked Beans and Peas
BIG TOPPING <small>Filled Jackets</small>	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B	Beans, Cheese or Tuna Mayo B
DESSERT TROLLEY	Sweet Potato Chocolate Brownie C	Jenny from St Uny's Gingerbread and Custard B	Raspberry Jelly A	Fruity Flapjack B	Vanilla Cookies B

What impact has your meal had on planet Earth today?



AVAILABLE DAILY

DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT

PASTA TWIRLER
AVAILABLE EVERY DAY

TOPPED PASTA
HOT PASTA TOPPED WITH HOMEMADE TOMATO SAUCE & CHEESE **C**

Safeguarding

If you are concerned about the physical or mental welfare of a child or young person and you wish to speak to someone about it, you can contact the MARU (Multi-agency Referral Unit) on the following numbers:

Monday to Friday, 9am - 6pm: 0300 123 1116
Evenings & weekends: 01208 251300

Police (Non-emergency): 101

Internet Safety

If you are searching for support and are worried about this being tracked by an abuser in the home, please use a **private or incognito tab** when browsing as this will not save on your search history.

Domestic Abuse advise - First Light: 0300 777 4777

Support in your area

You can walk into a local BOOTS pharmacy and ask for 'ANI' (Say, "I'm asking for Annie") or ask to access their 'Safe Spaces' where you will get support with domestic abuse. There will be a trained member of staff.

You can also download and access the Bright Sky app safely. This will give you access to a directory of support agencies and help lines.

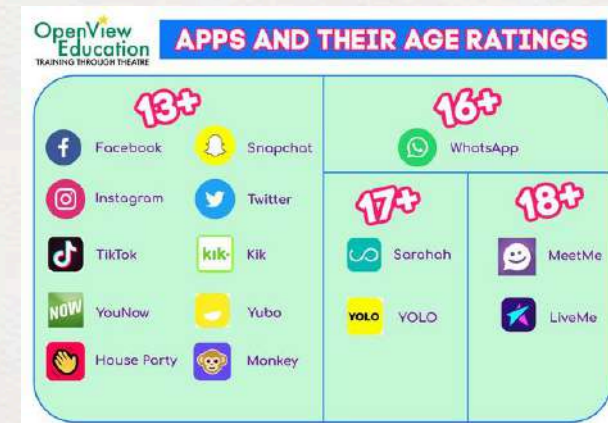


Safeguarding - E Safety

Social Media Age Limits:

There has been a rise across the country in young people reporting issues surrounding the use of social media. The NSPCC website has lots of useful information around app and social media use: <https://www.nspcc.org.uk/keeping-children-safe/online-safety/social-media/>

Please note: the age limit for most apps in the UK is 13+. WhatsApp has a minimum age limit of 16.



E-Safety Useful Links

If you would like any support with e-safety at home, please do not hesitate to speak to a member of staff. The links below may also be helpful:

[Keeping children safe online | NSPCC](#)
[Parents and Carers - UK Safer Internet Centre](#)
[Parents and carers | CEOP Education](#)

E-Safety In School

Pupils of all ages are taught about how to keep themselves safe online, both in school and at home. At Manacnan Primary School we use the SCARF resource and curriculum to teach PSHE. More information about SCARF can be found here: [SCARF: Safety, Caring, Achievement, Resilience, Friendship \(coramlifeeducation.org.uk\)](https://www.coramlifeeducation.org.uk)



Staying in Touch



Click
banner/icons
for more
information!

Notifying change of circumstances

Please tell us of any changes to you or your child's personal details (i.e name, address, telephone numbers, emergency contact details, medical details, email address or relationship change). Certain changes may be updated directly via the Arbor Parent Portal, however if you have any difficulty please email the school office at: hello@manaccan.org or call 01326 231431.



